



PSHE	Year 7
Term	Curriculum Outline
Autumn 1	<p><u>Multiple Intelligences</u></p> <ul style="list-style-type: none"> • What are multiple intelligences? • What are my strengths and weaknesses? • How to improve intelligences • Using the power of your best intelligence • Use your strongest to improve your weakest intelligence
Autumn 2	<p><u>E-Safety</u></p> <ul style="list-style-type: none"> • Safe use of social media • Creating a positive digital footprint • Combatting cyberbullying • Being a good cyber citizen • Safe online gaming • Safe use of webcams
Spring 1	<p><u>Good Hygiene</u></p> <ul style="list-style-type: none"> • How bacteria and viruses are spread • Hand washing • Oral hygiene regime • Hygiene and social acceptance • Physical health and good hygiene • Caring for teenage skin
Spring 2	<p><u>Life skills – through horticulture</u></p> <ul style="list-style-type: none"> • Team work and communication skills • Initiative taking and decision making • Physical health and fitness • Raising self-esteem and confidence • Gardening skills through Literacy and numeracy • Public conduct – garden centre visit
Summer 1	<p><u>First Aid</u></p> <ul style="list-style-type: none"> • Treating burns • How to react if someone has been poisoned • Treating cuts and grazes • Dealing with electrocution • Help someone who is choking • Broken bones
Summer 2	<p><u>Drug Awareness</u></p> <ul style="list-style-type: none"> • Dangers of smoking cigarettes • Alcohol, the law and young people • Dangers of binge drinking • Drinking alcohol • Drug classification



Northeast Manor School

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| | <ul style="list-style-type: none">• Facts, the law and drugs |
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